

# Checklist

<p><b>What do you want to get out of a time bank?</b></p>	<hr/> <hr/> <hr/> <hr/>
<p><b>Who can help you get started?</b></p>	<hr/> <hr/> <hr/> <hr/>
<p><b>What groups already exist in your area?</b> (for example, Credit Union, Neighbourhood Watch)</p>	<hr/> <hr/> <hr/> <hr/>
<p><b>Where will you base yourself?</b></p>	<hr/> <hr/> <hr/> <hr/>
<p><b>What resources have you got?</b> (Telephone, computer, information, people)</p>	<hr/> <hr/> <hr/> <hr/>
<p><b>How will you tell people about time banking and get them to join?</b></p>	<hr/> <hr/> <hr/> <hr/>
<p><b>Have you got some basic rules for exchanges that everyone can agree to?</b></p>	<hr/> <hr/> <hr/> <hr/>
<p><b>What action do you need to take now?</b></p>	<hr/> <hr/> <hr/> <hr/>
<p><b>Do you need to check public liability insurance?</b></p>	<hr/> <hr/> <hr/> <hr/>

...time to give and take